Surviving Grief during the holidays

November 19, 2025 10am - 12pm

Coping with grief can be especially difficult during the holidays. When someone you love is gone, the joy of the season may feel out of reach. Shopping, gatherings, and traditions can become overwhelming.

Join us for a free seminar, "Surviving Grief During the Holidays." Together, we'll explore healthy ways to navigate the season, honor your feelings, and discover moments of peace and joy.



Presented by Art Therapist, Andrea Piccone, BFA, MS







 To Reserve Your Spot at this informative seminar:

call > 585.720.6000

email > andrea@bartolomeo.com

\*Request early • Seating is limited RSVP deadline: 11/13